



Savings Made Simple

Sam's Club® Health and Wellness

Sam's Club Health and Wellness provides Business, Advantage and Plus Members across the country with tools to help them maintain control of their health decisions, minimize health risks and keep health care costs low for their families, pets, employees and themselves. Sam's Club has worked hard with suppliers to drive prices down on pharmacy, optical and hearing needs.

- Sam's Club offers The Prevention Plan, a personalized, step-by-step health management program through U.S. Preventive Medicine designed to help people take control of their individual health, exclusively priced at \$99 for Members. Via an online health assessment, biometric measurements and a blood test that analyzes 25 health factors, Sam's Club Members can take the first steps in identifying potential individual health issues. From there, a personalized plan is created to address risks. Personal health coaching, on going support, a variety of tools and a plan-wide health challenge are provided through The Prevention Plan to keep Members motivated to maintain a healthy lifestyle.
- Sam's Club is committed to lowering the costs of health care for Members. Those Members with Plus-level memberships who pay with cash can save 40 percent on generic medications and 8 percent on name brand medications in our pharmacies nationwide.*
- Sam's Club Members and non-Members across the country are offered the opportunity to participate in free monthly health screenings. Throughout the year, each monthly event offers different screenings related to specific health topics, including: heart health, diabetes, digestive health, kids' health, men's health, skin health, summer wellness/sun care, vision health and women's health.
- Sam's Club Health & Wellness continues to expand our offerings of quality health care solutions at affordable prices with the ongoing rollout of our Hearing Aid Centers. Our Hearing Aid Centers offer the latest in sophisticated digital hearing aids priced at great value points, which are matched to the patient's needs by hearing specialists who use very sensitive diagnostic instruments in our custom made, sound proof booths.
- Sam's Club Health & Wellness offers eye exams, contact lenses, the latest in sophisticated lens technology and great sunglass and designer frames, all at great values, in more than 500 locations across the nation.
- This year, Sam's Club entered into an exclusive partnership with General Nutrition Centers (GNC), to offer select private label GNC products at Sam's Club locations. This allows Sam's Club to increase focus on health and wellness-oriented consumers through a more robust offering of natural supplements and sports nutrition items.

Sam's Club Health and Wellness Areas

Pharmacy

Trusted pharmacists are always available to help Members with all their health and wellness solutions.

Sam's Club Optical

Has everything you need to maintain your healthy vision: from lenses, frames and contacts, to eye exams available from an independent Doctor of Optometry.

Hearing Centers

Offers free hearing tests for Members.



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- Sam's Club is committed to lowering the costs of health care for our Members. Additional affordable health products and services include:
 - ePrescribing – Sam's Club pharmacies accept electronic prescribing to improve prescribing accuracy and patient safety.
 - \$4 Prescriptions – Sam's Club pharmacies offer 30-day generic prescriptions for \$4, or people can save even more with 90-day prescriptions for only \$10.
 - Free Rx check up – Licensed pharmacists at Sam's Club provide advice on how to take medications to maximize effectiveness, including when and how to use them. Our pharmacists also conduct a comprehensive assessment of all prescription medications to determine possible interactions, no matter where the prescriptions were filled by the Member.
 - EZPay – By placing a credit card number on file with a Sam's Club pharmacy, EZPay allows Members to speed up their pharmacy visit.
 - Ready Reminder – Sam's Club pharmacies offer free automatic phone or text messages about the status of a Member's prescription.
 - Auto Fill – Sam's Club offers an automatic refill program so that prescriptions are ready at the same time every month so Members never have to worry about running out of important medications.

Consumables

- Sam's Club consumables area is focused on providing brands that Members want at an outstanding value. This year, Sam's Club has invested even more in lowering the prices on many items throughout consumables.
- Sam's continues to be committed to serving our critically important small business Members. In this tough economy our business Members depend on us even more and we'll continue to be here for them. In our paper category we are now offering a full wash room solution with paper, soap and dispensers at incredible prices.

Pets

- Our commitment to health and wellness also extends to Members' Pets. In April of 2011, in conjunction with Walmart, Sam's Club launched PetArmor™ Plus, which has the same active ingredients, in the same concentration as Frontline® Plus, the market leader. The delivery method (pipettes) is also identical. This item, available in four varieties (based on size) for dogs and one variety for cats, retails at roughly half the cost of Frontline®. PetArmor™ Plus is currently exclusive to Sam's Club and Walmart.

For additional information about Sam's Club health and wellness, please visit www.samsclub.com/healthyliving.

** Savings only for cash purchases based on the dispensing Sam's Club Pharmacy's cash price. Discounts not available for purchases covered by health insurance or a state/federal government health care program, on SamsClub.com, or covered by Walmart's Prescription Program or any Sam's Club promotion. Restrictions apply. See your local Sam's Club pharmacy for details.*